



EASY MEAL SUGGESTIONS FOR BREAD OF LIFE

| Store/Restaurant | Phone # | Contact Name | Available | Prices | Serving Size(s) Available | Ordering Info |
|------------------|---------|--------------|-----------|--------|---------------------------|---------------|
|------------------|---------|--------------|-----------|--------|---------------------------|---------------|

READY TO SERVE FULL-MEAL RESTAURANT FARE:

| | | | | | | |
|---|---------------------|--------------------------------|--|--|--|--|
| Panda Wok 1836 Oceanside Blvd #101 Oceanside, CA 92054 | 760.967.3956 | | Full Asian meal: Main dishes: Orange chicken, Green Bean Chicken, Black Pepper Chicken, Kung Pao Chicken, Broccoli Beef, Egg rolls Sides: Fried rice, rice noodles chow mein | \$56 w/meat \$25 for 40 \$36 | Full size steaming tray (serves approx 40) Half-size steaming tray (serves approx 20) | 24-hours in advance |
| El Pollo Loco 3500 College Blvd Oceanside | 760.477.9345 | Bela (Pronounced Bay-ah) | 48 Pc Fire-Grilled Chicken (includes 2 jumbo sides) Sides: Pinto beans, broccoli, Mac n cheese, Side salad, Mashed pos & gravy, Rice, Corn, Cole slaw | \$142.23 | Serves approx 20-30 | 24-hours in advance |
| Chick-Fil-A | 760.576.3128 | Breelyn | (see list attached) | \$3.50-\$6.50 ea | Sandwich only or full meal | Prefer 24 adv notice |
| McDonalds | Pick up | | (Suggest Fri special Fish sandwich when available) | | | |
| Café Rosarita 1816 Oceanside Blvd #A Oceanside | | 760.722.6224 | Full Mexican meal: Enchilada, Spanish rice, beans | \$3.00/svg | As requested | 24-48 hours in adv (Advise svgs needed) |

FULLY COOKED - READY TO SERVE MAIN DISHES:

| | | | | | | |
|----------------------------------|---------|--|--------------------------------|----------------|---------------------------|--|
| Costco (All locations) | Pick up | | Main dishes: | \$5.99/ea | | |
| | | | Rotisserie chicken | \$10.99/ea | whole, svcs est 8-10 | |
| | | | Ready-made Pizza | \$9.99/ea | 18" svcs 6 lg or 12 sm sl | |
| | | | Kirkland meat lasagne | \$12.69 | svcs approx 12 | |
| | | | Kirkland sausage & beef lasagn | \$12.79 | svcs approx 12 | |
| | | | SW Pasta salad | approx \$12/ea | svcs est 8-10 | |
| | | | Deli chicken salad | \$14.50/ea | svcs est 7-9 | |



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| Albertsons (All locations) | Pick up | | Fried Chicken - 24 pcs | approx \$15 | | in Deli section |
| | | | Fried Chicken - 32 pcs | approx \$20 | | in Deli section |
| Winco Foods | 760.573.7050 | (Deli) | Fried Chicken - 12 pcs | \$9.98 | | in Deli section |
| | | | Fried chicken - 24 pcs | \$19.98 | | in Deli section |
| | | | Sandwich wraps | \$12.98, \$21.98, \$29.98 | 12", 16", 18" trays (svs 6-20) | 24-hours notice |
| | | | Hawaiian sliders | \$9.99, \$14.98, \$19.98 | 12", 16", 18" trays (svs 6-20) | 24-hours notice |
| | | | Pretzel hoagie | \$11.98, \$19.98, \$23.98 | 12", 16", 18" trays (svs 6-20) | 24-hours notice |

HEAT & SERVE COMBOS

Smart & Final-Oceanside

Breakfast-for-dinner Pick up

| | | |
|-------------------|---------|-------------------|
| Pancakes | \$6.49 | Box of 36 |
| Waffles | \$9.99 | Box of 60 |
| Hard-boiled eggs | | \$ for |
| Link sausages | \$11.99 | Box of 48 |
| Ham slices | | |
| Hashbrown patties | \$4.99 | Pack of 20 |
| Soft butter | \$2.99 | Tub |
| Maple syrup | ---- | (In refig at BOL) |

Fish Sticks Pick up

| | | |
|------------------------|---------|------------------------------|
| Fish sticks | \$10.99 | Bag of 105 |
| Tartar sauce | \$3.19 | lg jar - serves approx 25-30 |
| Cole slaw | \$4.49 | 2 lb bag svs 27 |
| Dressing | \$3.49 | 1 per 2# bag mix |
| Potato gems/Tater tots | \$2.39 | 5# bag (svs approx 15-20) |

Costco

Pick up

| | | |
|------------------------|---------|------------|
| Hebrew Nat'l Hot Dogs | \$9.99 | Pack of 28 |
| Kirkland beef hot gots | \$12.99 | Pack of 36 |



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| Sides Costco | Pick up | | Asian salad kit | \$3.99 | Svs 7-10 | |
| | | | Caesar salad kit | \$6.99 | Svs 7-10 | |
| | | | Kale salad kit | \$4.49 | svs 9-12 | |
| | | | Organic Mediterranean | \$5.49 | svs 7-10 | |
| | | | Spring mix salad greens | \$3.99 | 1# tub svs ext 5-10 | |
| | | | Cherry tomatoes | \$5.99 | 2# tub | |
| | | | Organic baby carrots | \$4.49 | 2 ea 2# bags | |
| | | | Reser's potato salad | \$6.89 | 5# tub | |
| Invid bags of chips | \$12.79 | variety box of 28 | | | | |